



AFRO WOMEN AND YOUTH FOUNDATION

*2022* → *2023* **Report**



AFRO WOMEN AND YOUTH FOUNDATION

***Our vision:*** *To empower Black immigrant women and youth to resist racism and position for a successful integration and economic advancement in Canada.*

***Our mission:*** *To offer empowerment and settlement support programs and services that will enhance wellness, self-advocacy, leadership, and entrepreneurial skills through training, strategic partnerships and collaborations with community and corporate organizations.*

**Our core values**

**COLLABORATION| COMMUNITY| EMPOWERMENT| LEADERSHIP**



## **MESSAGE FROM THE EXECUTIVE DIRECTOR**



*On behalf of the board of directors, staff and volunteers at AWYF, I would like to express a sincere gratitude to all our partners, friends and community members for helping us to move our work forward despite the challenges of COVID-19 impacts.*

*With your support, we have been able to secure a community rental space in Sudbury, hire part-time staff and recruited new volunteers. We also added new programs: Food Bank, Clothing Bank & Games Night. We strengthened community collaborations and established new partners in Toronto and Sudbury, Ontario.*

*We invite you to look through our 2022-2023 Report to learn more about all the great work made possible through our committed partners and generous donors.*

**Thanks**  
**Adebola Adefioye,**  
**Executive Director**



# Goal Setting & Vision Boarding workshop for Black Girls





# CBC Interview on AWYF's Wellness Program





# Youth Voices Against Racism





# Black History Month 2023

## Youth Voices Against Racism

**We launched a Youth Campaign Against  
Anti-Black Racism in Ontario Schools**



**Scan QR code to watch the video**



# AWYF Community Centre





# Opening Speech by the Executive Director, Adebola Adefioye





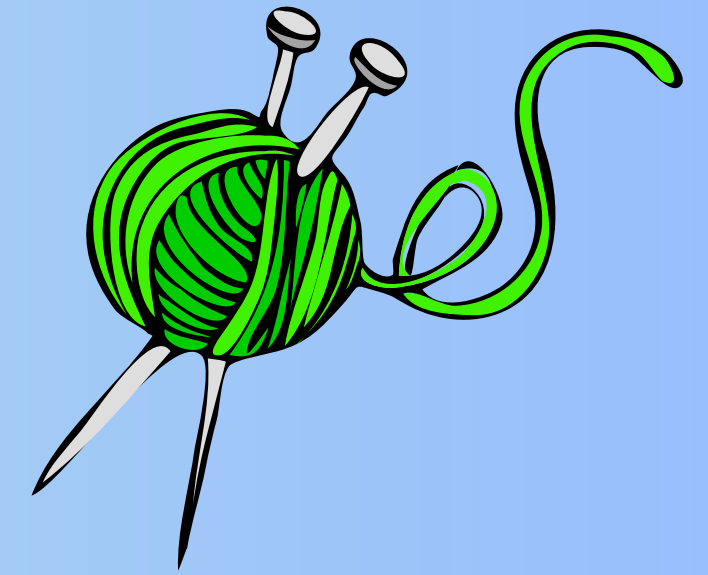
# RIBBON CUTTING & CERTIFICATE PRESENTATION

by

MP VIVIANE LAPOINTE & MARY LOU HUSSAK, EXECUTIVE DIRECTOR AT UNITED WAY







# Crafts 4 Mental Health





# Tie-Dye workshop





# Hairdressing workshop





# Sewing & Knitting workshop





# Jewellery Crafts & Throw Pillow workshop





# Expressive Arts workshop





# Facial Care workshop





# Young Workers Right workshop







# Sports 4 Mental Health



# Body Movement & Afro Dance Class





# Salsa Dance class





# Basketball Training



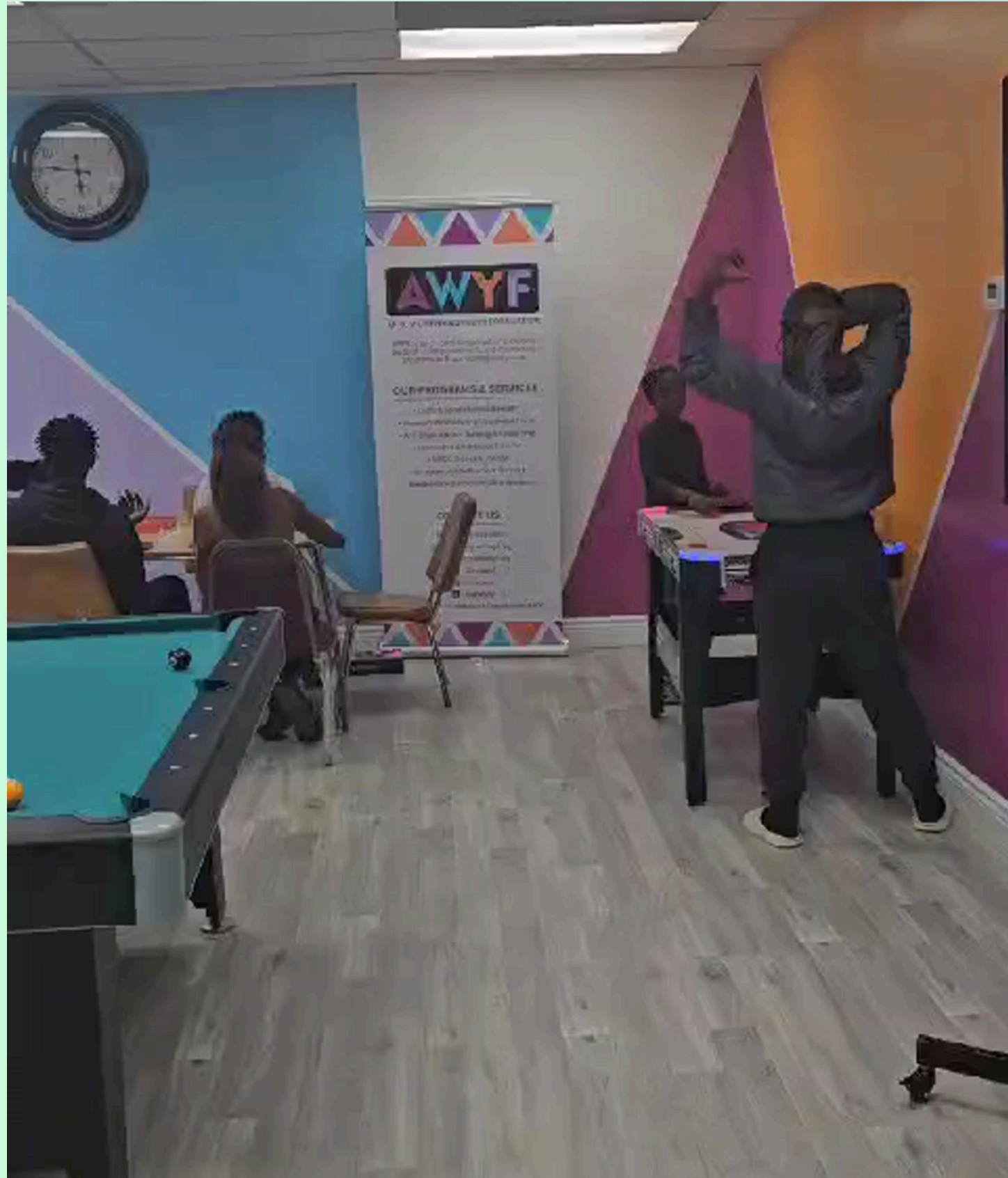




# **Youth Games & Creative Night**



# Youth Games & Creative Night

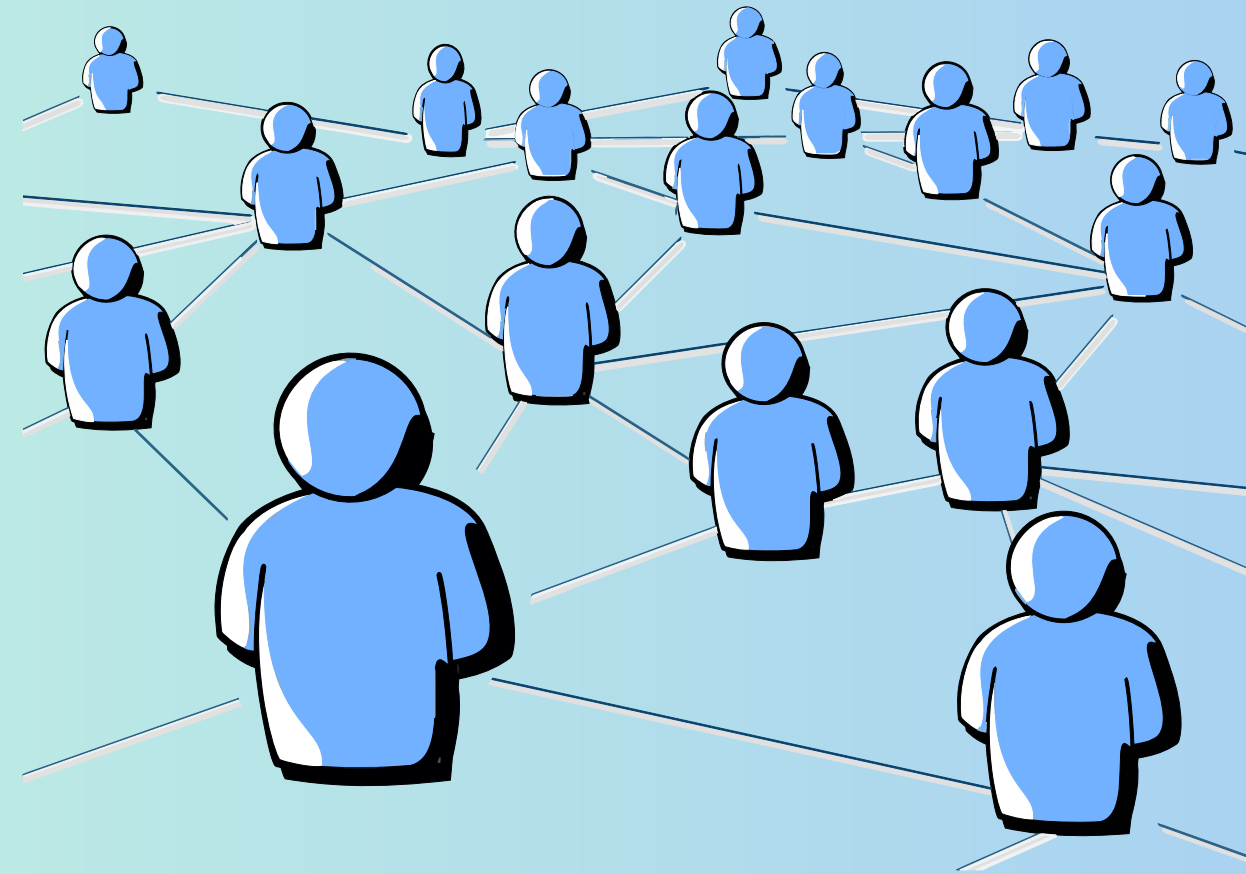




# Youth Volunteer Appreciation







# Community Engagement



# Orientation events at Cambrian College & Laurentian University





# Cultural Diversity event at Laurentian University





# Beading workshop for Nigerian Community youth





# A visit to Better Beginnings Better Futures





# Sudbury Multicultural Folks & Arts Association's 2023 Dinner



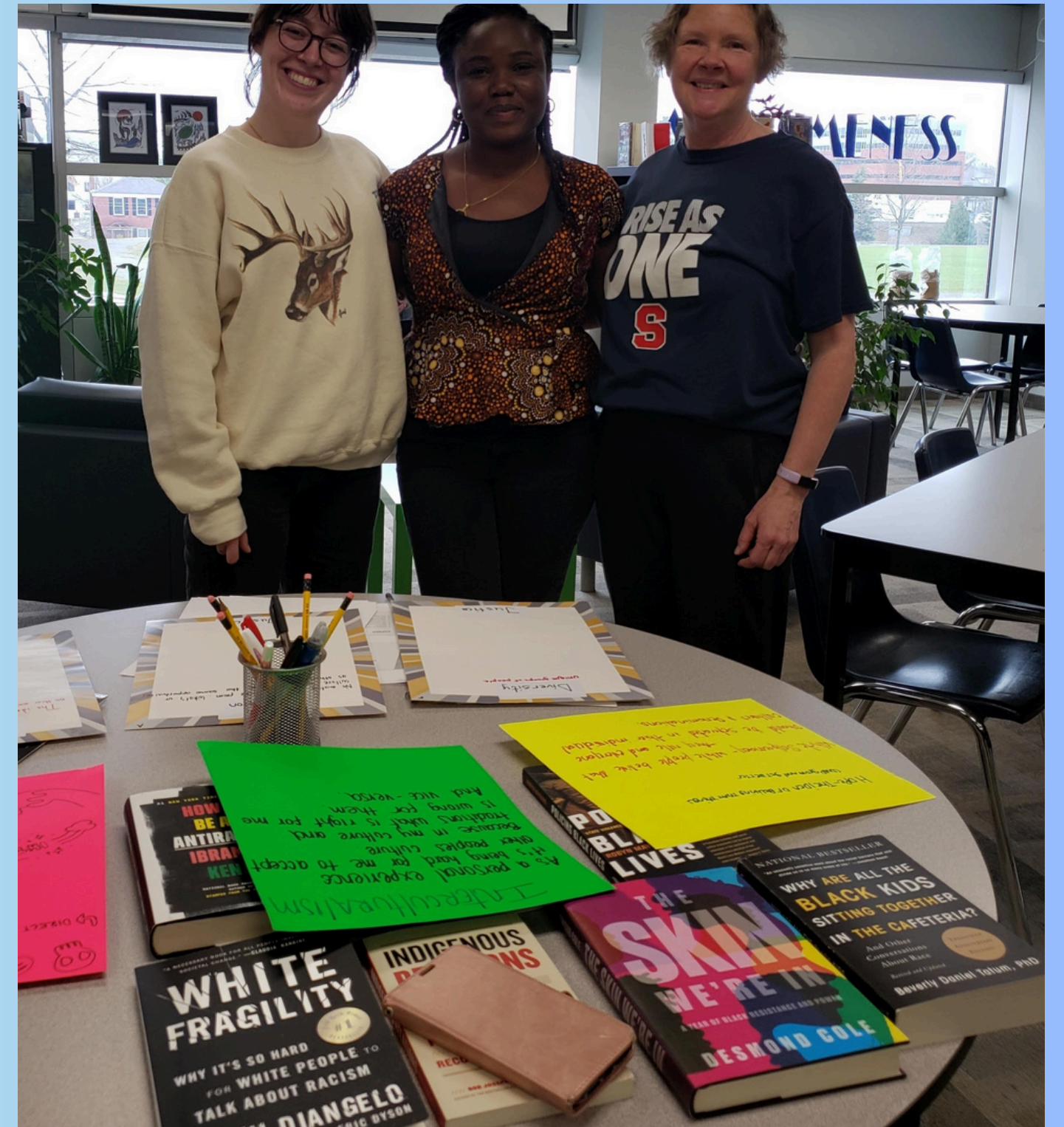


# Winter & Hygiene products donations to our friends in Downtown





# Diversity, Equity & Inclusion (DEI) Consulting & Training for Future North's High School project





# Diversity, Equity & Inclusion (DEI) Training for some school Librarians in Sudbury





# International Women's Day 2023 event at the Public Library





# ***Open House at AWYF Community Centre***



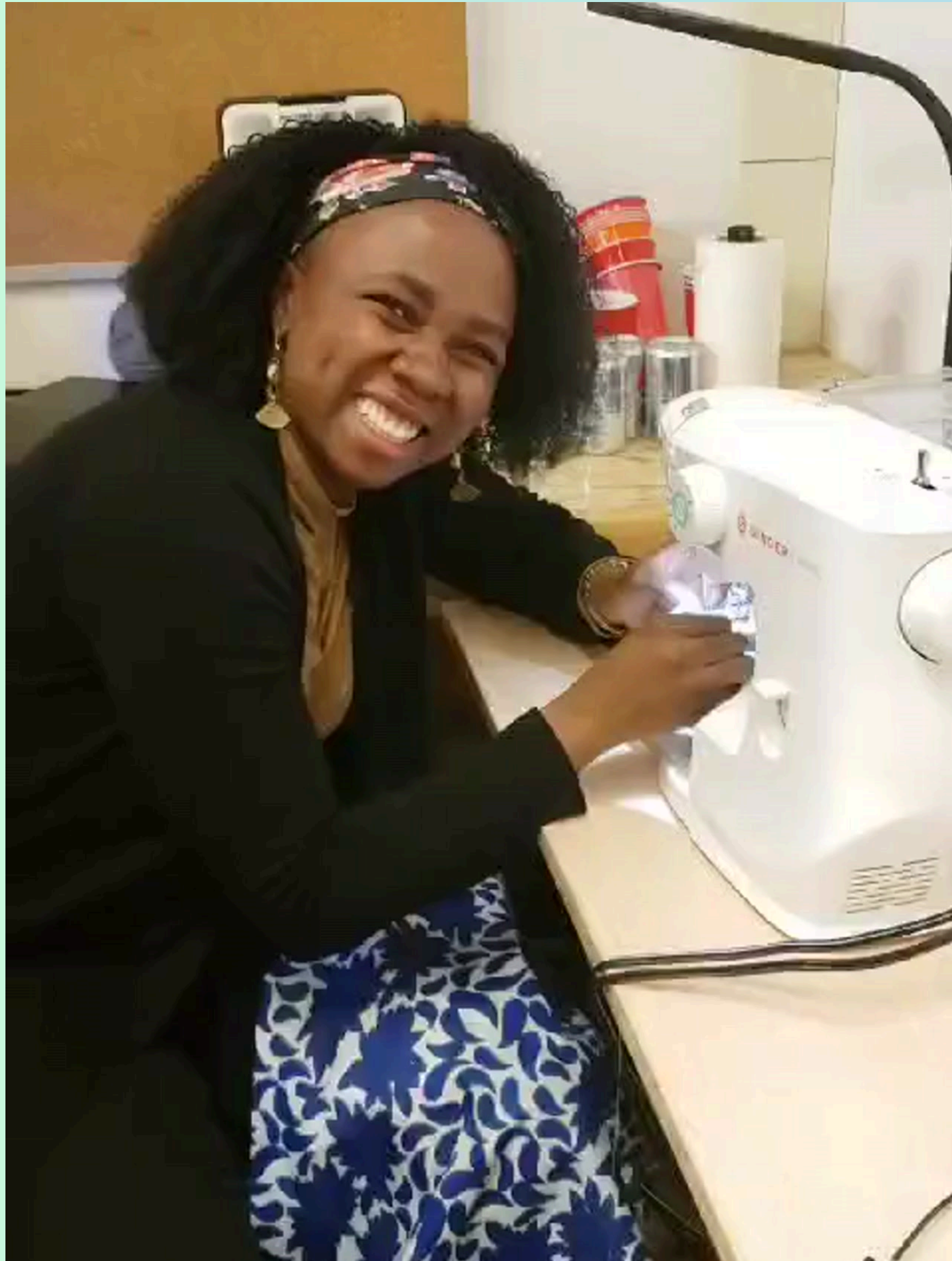




# ***Women's Wellness & Vocational Circle***



# Sewing Circle





# Expressive Arts with Myths & Mirrors & Resseau Access Network team





# Cooking and Vision Boarding for Newcomer women





# An evening of Self-Care & Vision Boarding at Sudbury Women's Centre





# **AWYF women Hang Out in the Greater Toronto Area (GTA)**

Greater Toronto  
Area (GTA)  
Women's  
Wellness event







# **AWYF Food & Clothing Bank**

**(a new initiative)**





# AWYF Food Bank

A black shelving unit is filled with food supplies. The top shelf holds several cans of Mutti Peeled and bottles of cooking oil. The middle shelf contains more cans of Mutti Peeled and Amation evaporated milk. The bottom shelf is stacked with bags of rice. To the right of the shelving unit is a white informational banner for AWYF. The banner features the AWYF logo, the organization's name, a description of its mission, a list of programs and services, and contact information. The banner also includes social media icons for Facebook and Instagram.

**AWYF**  
AFRO WOMEN AND YOUTH FOUNDATION

AWYF is a non-profit organization providing leadership, empowerment, and mentorship programs to Black women and youth.

**OUR PROGRAMS & SERVICES**

- Crafts & Sports 4 Mental Health
- Women's Wellness and Vocational Circle
- Anti-Black Racism Training & Consulting
- Leadership & Advocacy Training
- BIPOC Stories 4 Change
- Integration & Settlement Support
- Gender-Based Violence (GBV) Services

**CONTACT US:**

Phone: 905-955-8667  
Online: [www.afrowyf.org](http://www.afrowyf.org)  
Email: [info@afrowyf.org](mailto:info@afrowyf.org)

@afrowyf  
 @afrowyf



# AWYF Clothing Bank





# Award Winning Team (Staff & Executive Director)





# Award Winning Team (Board of Directors)



Raliat Owolabi



Evelyn Chukwulobe



Olayinka Sanusi



Adebola Adefioye





# Testimonials

**"Coming to Sewing, Cooking and Vision Boarding Circle for women helps me to relief stress as a Newcomer. I am always happy to connect with other women." - D.A**

**"AWYF offered me the opportunity to facilitate Tye-Dye and Crochet workshops as a youth member. I enjoyed sharing my skills with young people like me"**

**T.A**

**"Being part of the anti-Racism advocacy project has helped me to be more confidence at school. I now stand up for myself and others" - A.A**

**"Being selected for CBC interview feels great. It is my first time doing an interview and it feels good"**

**- T.O**

**AWYF Crafts 4 Mental and Games Time has helped me improve my confidence and social skills. I like the variety of refreshments too. I look forward to every session" - J.A**



## ***OUR PROGRAMS & SERVICES***

- ***Sports 4 Mental Health***
- ***Crafts 4 Mental Health***
- ***AWYF Food Bank***
- ***AWYF Clothing Bank***
- ***Gender-Based Violence (GBV) services***
- ***Women's Wellness & Vocational Circle***
- ***Leadership & Advocacy***
- ***Anti-Black Racism (ABR) Training***
- ***Public Education***

**We served a total of**

**227 Immigrant women  
and youth in 2023**

**111 Youth**

**116 women**



# Partners Appreciation

The Afro Women and Youth Foundation would like to specially thank our corporate, government and community partners for their unwavering commitment to supporting our empowerment and settlement programs and services.

**\$50,000+**

- **United Way Centraide North East Ontario**

**\$20,000 - \$40,000**

- **Foundation for Black Communities**
- **City of Toronto**
- **Network for the Advancement of Black Communities**

**\$5,000-\$10,000**

**World Education Services**



# Thanks to our partners and sponsors



**TD READY  
COMMITMENT**



**United Way  
Centraide**  
North East Ontario  
Nord-est de l'Ontario

**FOUNDATION  
FOR BLACK  
COMMUNITIES**



**Seneca HELIX**







AFRO WOMEN AND YOUTH FOUNDATION

## **Follow us on social media**

**Website: [www.afrowyf.org](http://www.afrowyf.org)**

**Email: [info@afrowyf.org](mailto:info@afrowyf.org)**

**Instagram: [@afrowyf](https://www.instagram.com/afrowyf)**

**LinkedIn: [@afrowyf](https://www.linkedin.com/company/afrowyf)**

**Facebook: [@afrowyf](https://www.facebook.com/afrowyf)**

**TikTok: [@afrowyf](https://www.tiktok.com/@afrowyf)**

**YouTube: [@afrowyf](https://www.youtube.com/channel/UCafrowyf)**

**WhatsApp: [905-955-8667](https://www.whatsapp.com/business/profile/905-955-8667)**





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